

# GREENWAY MARATHON

Nashville, TN, Sunday, October 1, 2017

Welcome to the 6th Annual Marathon on Metro Greenways:  
Stones River, Two Rivers, Shelby Bottoms

**Start and Finish:** at Percy Priest Dam Trailhead. Race starts at 7:30 AM central time.

**Certified course** (TN15038MS): out and back to Shelby Park. Hills at miles 2, 7, 18, and 24.

**Distance:** 26.2 miles (42K). Water and Gatorade at every 3 miles (more if warm weather).

**Interactive** course map at

<https://www.runningahead.com/maps/7bede5b3daa94bfca54c510436a21714?unit=mi>

**Host hotel:** Airport Inn (Motel 6), 701 Stewarts Ferry Pike, Nashville (615-889-9199).

**Free Parking:** at Stones River Greenway Trailhead.

**Pre-registration:** at *Reg2Run.com* or get printed form at *FrostbiteRC.org*

**Packet pickup:** on race day only, at trailhead registration.

**Race Day Registration:** from 7:00 – 7:25 AM.

**Commemorative Medal:** to first 200 finishers.

**Special Award:** to top three overall male and female winners. No age group awards.

**Entry Fee:** \$40.00 (checks payable to Frostbite RC).      **Race Day** \$60.00.

**Mail registration to:** Greenway Marathon, 205 Woodland Court, Hermitage, TN 37076.

**Race Director:** Tomas de Paulis, Frostbite Running Club (615-390-6977) [tomasdepaulis@att.net](mailto:tomasdepaulis@att.net)

Name: \_\_\_\_\_ Address \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_ Age: \_\_\_\_ DOB \_\_\_\_\_ Sex: M or F Shirt Size \_\_\_\_\_

**Waiver of liability:** The undersigned participant on the behalf of him/herself and personal representatives, assigns, heirs and executors, hereby fully and forever waives the right to sue any of the sponsors, the Frostbite Running Club, Road Runners Club of America, Greenway Marathon, or City of Nashville and Metropolitan Parks and Recreation from all liability for all losses and damages for injury or death as the result of participating in Greenway Marathon on October 1, 2017. The entry fee is non-refundable or transferable. By signing, I acknowledge that I have read and accept this waiver.

Signature \_\_\_\_\_ Date \_\_\_\_\_

(Parent signature if under 18)