

9th Annual

Two Rivers Ford Turkey Trot 5K & Family Fun Run

Race # _____

Thursday, November 28, 2019 - 5K @ 8:00 a.m. – Fun Run @ 9:00 a.m.

(For Official Use Only)

Registration Form

Go to www.reg2run.com to register on-line or
Return completed form with check payable to Turkey Trot 5K:

Turkey Trot 5K
Attn: Registration
907 Chaparral Drive
Lebanon, TN 37087



Mail-In Registration T-Shirt Guarantee deadline is Friday 11/15/2019 – We must have your form by then in order to guarantee a t-shirt. You may register On-line at reg2run.com through Sunday 11/17/2019 for t-shirt guarantee. Mail-In Registrations will be accepted through Saturday 11/23/2019 without t-shirt guarantee. You may bring this completed form with you for Race Day Registration – at a slightly higher cost. –Don't wait! Register today!

***Please Check Appropriate Box:**

_____ \$35 - 5K (\$45 – Race Day) **Circle One** - Timing Chip or **No Timing Chip**
_____ \$20 - 1 Mile Fun Run / Walk (\$30 – Race Day)

Please Print Clearly – Only One Name Per Form – MUST COMPLETE ALL *REQUIRED INFORMATION

***Name:** _____

***Address:** _____

***City/State/Zip:** _____

***Phone:** _____ ***Email:** _____

***Age on Race Day:** _____ ***Sex:** M _____ F _____ **Team:** _____

***T-Shirt Size:** Adult - S _____ M _____ L _____ XL _____ XXL _____ XXXL _____ YOUTH - YM _____ YL _____

Participant Release - Please read and sign below:

By indicating your acceptance, you understand, agree, warrant and covenant as follows:

I understand that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of the race officials relative to my ability to safely complete the run. I assume all risk associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, traffic and the conditions on the road, all such risks being known and appreciated by me. I also hereby consent to allow emergency treatment, at my own expense, in the event of injury or illness. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and entities to act on my behalf, waive and release Two Rivers Ford, Compassion in Action of TN, Providence Marketplace, Jones Lang LaSalle, Ghertner & Co., CPS, Providence HOA, the City of Mt. Juliet and all other sponsors and individuals assisting in the presentation of event, their representatives and successors from all claims and liabilities of any kind arising out of my participation in this event. Signature of participant or Guardian is needed if under age 18. I hereby authorize the event organizers to reproduce any photographs, video, or audio, taken during race activities for advertising and publicity purposes.

***Signature:** _____ **Date:** _____

Parent or Guardian, if under 18: _____

We Thank You for your participation in the 9th Annual Turkey Trot! We look forward to a Fun and Fabulous Race Day this Thanksgiving! Get Ready to Get Your Wobble ON! See you there!

Thank You! – the race team

Questions? Please contact the Race Coordinator at turkey@turkeytrot5k.org or 615-414-0451